



THE RELIABILITY AND VALIDITY OF SUBJECTIVE WELL- BEING SCALE

PhDc. Şerife Özbiler
Cyprus International University- TRNC
sozbiler@ciu.edu.tr

Assoc. Prof. Dr. Müge Beidoğlu
Atatürk Teacher Training Academy- TRNC
muge.beidoglu@aoa.edu.tr

Abstract

The main purpose of this study was to test the reliability and validity of Subjective Well-Being Scale for a sample of mothers who are living in a rural community and have children 36-72 months old in. The study was conducted in five primary schools and three kindergardens in North Cyprus, which are in a rural community with 150 mothers. The mothers' ages are ranging between 25 and 43 years old. The data was collected by using subjective well- being scale. The results implicated that subjective well-being scale valid and reliable for mothers who are living in a rural community and have children 36-72 months. Cornbrash' alpha of overall scale with the ratio of .91. Factor analysis revealed a KMO coefficient of .86. Two factors comprising 45.19 % of the common variance were determined using varimax rotation method and principal component analysis. The findings were discussed with limitations of study and implications for future research.

Keywords: Subjective well-being scale, validity, reliability.