



EVALUATION OF FUNCTIONAL ABILITIES OF ELDERLY PEOPLE

PhDc. Sanja Selimović
IPAK Institute Velenje Koroška 18
Slovenia
sanjaselimovi@yahoo.com

Prof. Dr. Edina Šarić
University Tuzla, Tuzla Univerzitetska 1
Bosnia and Herzegovina
edina.saric@untz.ba

Prof. Dr. Stanko Blatnik
IPAK Institute, Velenje Koroška 18
Slovenia
stanko_blatnik@yahoo.com

Silva Banović
University Tuzla, Tuzla Univerzitetska 1
Bosnia and Herzegovina
silva.banovic@untz.ba

PhDc. Mateja Bublic
Faculty of Philosophy, University of Zagreb
Croatia
matejabublic@yahoo.com

Abstract

The number of elderly people is increasing in all countries. There is strong need to educate people who care for elderly people. In proposed paper we present how to teach evaluation of functional abilities of elderly people using case study. The evaluation is an important indicator in the process of somatopedic diagnosis and creation of program activities for the purpose of improving health and maintaining functional abilities of the elderly persons, as well as for the development of physical activities programme. Keeping in mind the diversity of causes that precipitate the decline of functional abilities, as well as stress that can have a negative impact on physical and mental health due to change of residence, i.e. that it is the predictor of poor adjustment, the aim of the study was to determine whether the duration of stay in institutional accommodation has an impact on current functional abilities of elderly persons.

Keywords: Elderly persons, functional capacities, institution.