



## TO ASSESS THE STUDENTS OR OURSELVES?

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### Abstract

We the teachers try to do our best to provide the greatest means for the learner groups we interact with. At times, but quite rarely, we find it easy to reach our aim but at other times we are forced to face a great challenge. In such times we, just as any human being would do, tend to put the blame on the groups we interact with: "They are not good students," or "they do not study enough" are only a few of the sample phrases we utter and yet we discover in the end that complaining or trying to change our learner group prove to be useless. In that case I would suggest changing ourselves since it would be much easier to deal with the hundreds in particular schools. The scientific description of this approach in educational sciences is "self-reflection" which could also reasonably be termed as "self-criticism". In line with this approach present discussion aims to provide a general outlook on self-reflection and positive results likely to arise once we adapt this perspective as a new teaching trend.

**Key Words:** Self-reflection, learner groups, perspective.