



AN ANALYSIS OF BURNOUT OF TURKISH ELEMETARY SCHOOL PRINCIPLES

Gökhan Baş
Necmettin Erbakan University
Konya, TURKEY
gokhanbas51@gmail.com

Atilla Yıldırım
Necmettin Erbakan University
Konya, TURKEY

Abstract

The main purpose of this study is to analyse burnout levels of elementary school principals. 190 elementary school principals from Nigde and its districts constitute the survey sample of the research. The data of this research were collected by using the "Maslach Burnout Inventory". The data were analysed by using SPSS 15.0. In order to analyse the data obtained, mean, standard deviation, Mann-Whitney-U test, variance and Tukey-HSD tests were used. Results of this study show that elementary school principals have "moderate" level of burnout. Also, it was found out that there was a statistical significant difference between elementary school principals in terms of gender in reduced personal accomplishment and depersonalisation sub-scales of the inventory. According to this result, female elementary school principals have higher reduced personal accomplishment and depersonalisation levels than their male counterparts. On the other hand, it was found a statistical significant difference between schools principals in relation to managerial seniority. According to results of this result of the research, school principals were found to differ in reduced personal accomplishment sub-scale so that less experienced school principals have higher burnout levels than their counterparts. It was also found out that there were not any statistical significant difference between elementary school principals in terms of educational level and working place variables.

Key Words: Burnout, elementary education, Turkish school principals.