



## EXAMINATION OF ALTRUISM, SELF-ESTEEM AND COMMUNICATION SKILLS IN STUDENTS TAKING CIVILIAN INVOLVEMENT PROJECTS

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### Abstract

The aim of the study is to examine altruism, self-esteem and communication skills of students in sports management and recreation departments of Akdeniz University, Sport Sciences Faculty in relation with taking Civilian Involvement Projects (CIP) courses. Population of the study consisted of 268 students and 222 students returned the questionnaires (rate of return =83%). Data collection tool consisted of four parts. In the first part demographic information was inquired. In the second part "Altruism scale", in the third part "Self-esteem scale" was used. The last part of the questionnaire consisted of "Communication skills" scale. When the mean scores that participants obtained from "Altruism" and "Communication skills" scales were considered, it was found out that the highest scores were from "Helping sub scale" with  $3,73\pm 0,72$  which was followed by "Altruism scale" total mean scores with  $3.65\pm 0.70$ . All subscales yielded results over an average level according to 5th type Likert Scale. This result shows that our students had scores above the average in altruism and communication skills. The participants had high level of self-esteem (90,5%). Some variables were compared according to taking a CIP course. In the group that had taken CIP, 82,7% thought of joining voluntary activities in the future. In the other group this level was 69,4% ( $p<0,05$ ). The level of helping in altruism scale was higher in the group that had taken a CIP course ( $p<0,05$ ).

**Keywords:** Sport Management, Recreation, Altruism, Self-esteem, Communication Skills.