



SHYNESS AND SELF-ESTEEM IN ELEMENTARY SCHOOL

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Abstract

The main problem of the research is to study the relationship between shyness and self-esteem in elementary school. The sample is consisted of 160 elementary schools from Kosovo and Metohija. The used instruments are: CSQ and Rosenberg's self-esteem scale adapted to the age of the respondents. Shyness and self-esteem are negatively and significantly related. Shyness was negatively associated with academic achievement. Self-esteem was significantly and positively associated with academic achievement. The expression of shyness and self-esteem were not found as significant in relation to gender, birth order and parent education.

Such researches point to the importance of the study of shyness and self-esteem in the school system and the impact of student behavior in general. Such researches point out the importance of applying of training self-esteem and trainings that eliminate shyness in the elementary school as well. This work is a part of the scientific project "Kosovo and Metohija between national identity and European integration" record number 47 023.

Keywords: shyness, self-esteem, elementary school